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**Wednesday**  
Middle and High School: Read “[A Letter to a Bully](http://www.reclaiming.com/content/node/121).”  
Elementary School: Read “The Bully in the Mirror.”

**The Bully in the Mirror**  
Antonio, 4th Grade

Mirror Mirror on the wall why must I be the  
Bully that has to fall. I beat on kids around the school  
The mirror told me it wasn’t cool. The mirror told me to change.  
My ways I have beat up kids all by days. I have no friends  
It’s just not right. The mirror said cause you like to fight.  
I am a bully how could this be. The mirror is starting to  
Change me. Reflection are now flashing back to me.  
Someone plant the seed inside of me. Now the mirror has  
shown me poor. I’ll change my ways and start  
new days the bully is no more part of me.  
Any bully can change.

*Activity*: Ask each student to write a letter to the author, telling them what they would like them to know. These letters may contain personal content, so posting responses to a wall is optional.