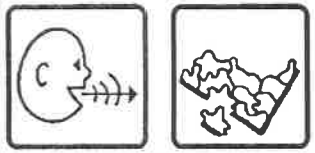
Problem-Solving

 1. Tell Problem Write Problem	2. STOP- Breathe	3. Ask Yourself- Can I do it Myself?	Do I need help?	Who can help me?	Now or Later?	4. Solution	Did it work? Yes or No