

Name: \_\_\_\_\_

Circle one

What zone of emotion is: <b>being silly?</b>	<b>BLUE ZONE</b>	<b>GREEN ZONE</b>	<b>YELLOW ZONE</b>	<b>RED ZONE</b>
What zone of emotion is: <b>being mad?</b>	<b>BLUE ZONE</b>	<b>GREEN ZONE</b>	<b>YELLOW ZONE</b>	<b>RED ZONE</b>
What zone of emotion is: <b>being frustrated?</b>	<b>BLUE ZONE</b>	<b>GREEN ZONE</b>	<b>YELLOW ZONE</b>	<b>RED ZONE</b>
What zone of emotion is: <b>being happy?</b>	<b>BLUE ZONE</b>	<b>GREEN ZONE</b>	<b>YELLOW ZONE</b>	<b>RED ZONE</b>
<p>I don't understand this work I am supposed to be working on! I'm so confused! This math is so hard! I don't know if I can do this!</p> <p>This shows my teacher I am in the <i>yellow zone</i> because I am...</p>	<p>A) Frustrated</p> <p>B) Silly</p>			

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What zone of emotion is: <b>being happy?</b>				
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<p>I don't understand this work I am supposed to be working on! I'm so confused! This math is so hard! I don't know if I can do this!</p> <p>This shows my teacher I am in the <i>yellow zone</i> because I am...</p>	<p>A) Frustrated</p> <p>B) Silly</p>			